

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00 -12:30 Karate Little Ninja's	No Classes		4:30-5:00PM Karate Little Ninja's	4:30 – 5:30 PM Karate Novice	No Classes	No Classes
12:30–1:30 PM Karate Novice			5:00–6:00 PM Karate Novice	5:30–6:30PM Intermediate Class	Reserved for Announced competition trainings	Reserved for Announced competition trainings
1:30–2:30 PM Karate Intermediate		5:00–6:00 PM Karate Intermediate	6:00–7:00 PM Karate Intermediate	6:30–7:30PM Advanced Class	And private Training sessions	Tournament days
2:30–3:15 PM Karate Advanced Blue Belts		6:00–7:00 PM Karate Advanced	7:00–7:45PM Karate Advanced Blue Belt Advanced	7:30–8:30PM Adult Beginner Karate (15+)	Tournament days	Private Training
3:15–4:30 PM Karate Advanced Brown Belts		7:00–8:00PM Adult Beginner Karate (15Yrs +)	7:45 – 8:30 Karate Advanced Brown Belt			

Please note that all the classes are colour coded for your convenience. They may also be subject to minor changes in the coming months as sensei is tweaking out the schedule to try and accommodate everyone in every class fairly. Additional classes may be added for Parent & Tot and Beginner Karate if there is enough interest.