

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	No Classes			4:30 – 5:30 PM Karate Novice	No Classes	No Classes
12:30–1:00 PM Karate Little Ninja's			4:30-5:00PM Karate Little Ninja's	5:30-6:30PM Intermediate Class	Reserved for Announced competition trainings	Reserved for Announced competition trainings
1:00–2:00 PM Karate Novice		5:00-6:00 PM Karate Intermediate	5:00-6:00 PM Karate Novice	6:30-7:30PM Advanced Class	And private Training sessions	Tournament days
2:00–3:15 PM Karate Intermediate		6:00-7:00 PM Karate Advanced	6:00-7:00 PM Karate Intermediate	7:30-8:30PM Adult Beginner Karate (15+)	Tournament days	Private Training
3:15-4:30 PM Karate Advanced		7:00-8:00PM Adult Beginner Karate (15Yrs +)	7:00-8:00PM Karate Advanced			

Please note that all the classes are colour coded for your convenience. They may also be subject to minor changes in the coming months as sensei is tweaking out the schedule to try and accommodate everyone in every class fairly. Additional classes may be added for Parent & Tot and Beginner Karate if there is enough interest.

